A taste of the past:
Uncovering food histories through Malayan newspapers
by
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• Why food?
• Why newspapers?
• How newspapers?
• What then?
Why food research?
Government
Singapore’s Breakfasts: A Slice of History

When it comes to breakfast, our multiracial country has no lack of ethnic choices. Here at ConnexionSG, we have compiled a list of the popular breakfast picks among the different races and a slice of their tasty history.
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Prima Taste Rendang Dry Beef Curry (Ready-to-Cook Meal Kit) - 360g

Prima Taste Rendang Dry Beef Curry (Ready-to-Cook Meal Kit) - Best Singapore Favorites

Quick and Easy Preparation. No Artificial Coloring, No Added Preservatives. No Added MSG

Sauce Kit contains: Rendang Paste, Premium Coconut (Prima Coconut Premix)

With a long history as a major crossroads for the ancient spice route of the Orient, Singapore is famous for her blend of exotic culinary influences. Her legendary dishes feature the best of Malay, Chinese, Peranakan and Indian heritage, reflecting the rich mix of cultures forged by a multi racial population. Prima Taste offers you an exotic spread of Singapore delights in ready to cook pastes and sauces, providing authentic tastes that represent the

Business
Raffles Hotel

Raffles Hotel is a Singapore landmark located at 1 Beach Road. Established in 1887, the colonial-era hotel with a rich history is well known for its period architecture and décor, luxurious accommodation and fine cuisine, and has won numerous accolades over the years. The hotel is known in particular for its popular Tiffin Room buffet, and for the Singapore Sling cocktail created in 1915. Raffles Hotel was first gazetted as a national monument in 1987 and later re-gazetted in 1995.

Operation Sook Ching

Operation Sook Ching was a Japanese military operation aimed at purging or eliminating anti-Japanese elements from the Chinese community in Singapore. From 21 February to 4 March 1942, Chinese males between the ages of 18 and 50 were ...

Selena Tan

Arguably one of Singapore's funniest women, talented local artiste Selena Tan (b. 1971, Singapore-) is a director, playwright, actress, producer and comedienne. As a versatile actress, Tan has performed in live theatre shows such as ...
Curry puff

A curry puff is a deep-fried, crescent-shaped pastry filled with curried potato and meat. The origins of this snack are uncertain and attributed variously to the influences of the British Cornish pasty, the Portuguese empanada and the Indian samosa.

Description
The curry puff pastry is made of plain flour mixed with clarified butter that is rolled out and shaped into a crescent. It is filled with curried potato and meat, and sometimes half a boiled egg. Popular variants include a filling made of chilli sardines. In general, the filling is cooked separately and then folded into the pastry with a small pocket of air before the puff is closed and crimped at the sides.

History
Believed to be inspired by the British Cornish pasty, the dish was likely introduced into the Malay Peninsula with the arrival of British colonialists. Others have suggested that Portuguese colonialists brought it to the Malay Peninsula in 1511 because the curry puff is reminiscent of the Portuguese empanada, a meat pastry with crimped edges. Still others consider the curry puff influenced by the Indian samosa, which has a similar curried potato filling.

In post-war Singapore, Malay ladies often sold epok-epok door to door. This was a fried pastry filled with sardines or potatoes (kentang epok-epok) flavoured with a rempah (spice blend) of chillies but without curry. Sometimes, taugeh (bean sprouts) was used to enhance the flavours. In the 1970s, some vendors travelled from place to place on bicycles, with their goods displayed in glass cabinets. These epok-epok were sold accompanied by a sweet and sour chilli sauce.

~ Recommendations ~

Polar Café
Polar Puffs & Cakes is a food manufacturer and operator of a chain of cafés best known for their curry puffs. The business ...

Old Chang Kee
Old Chang Kee is a food retail chain best known for its Hainanese-style curry puffs, which were first sold in 1955 ...

Mee goreng
Mee goreng is a dish primarily of fried noodles that is associated with South Indians but remains unique to this region ...

Mee rebus
Mee rebus is a dish comprising Chinese egg noodles in thick, spicy gravy. Reflecting the multicultural mix of Malaya ...
THE STRANGER'S GUIDE
TO
SINGAPORE

COMPILED BY
B. E. D'ARANJO

WITH MAPS

SINGAPORE:
Printed at the "Straits" Press
1890.
All rights reserved.
California Sandwiche Shoppe (Willis, 1936, p.46)

Satai at the docks (Willis, 1936, p.149).
Why newspapers?

NewspaperSG is an online resource of current and historic Singapore and Malaya newspapers. You can search our digital archive of newspapers published between 1831-2009, or find information on over 200 newspaper titles in the National Library's microfilm collection.

Lianhe Zaobao 《联合早报》 and Berita Harian are now available on NewspaperSG. With the inclusion of these newspapers, we have introduced the multi-lingual user interface to allow users to navigate the site in English, Chinese or Malay. We have also made Sin Chew Jit Poh 《星洲日报》, Nanyang Siang Pau 《南洋商报》 and Tamil Murasu available for browsing in our Preview section.
They were each given a toy and a bag consisting a tin of milk, a piece of fruit and another bag with a curry puff, a piece of cake and some chocolate.

*Strait Times*, 16 December 1939, p. 11
ADELPHI HOTEL

TO-NIGHT—Informal After Dinner Dance

Saturday, Jan. 23rd BURNS NICHT
Special Dinner & Dance

DINNER MENU $3.00
Trig an' Braw
Mutton Broth
Cutter Haddies w' Smo Tatties
Roastit Grumpie
Sproots—Chappit Neeps
Birsled Tattlies
Haggis
Roastit Bubbly Jock w' Trimmin's
Trifle
New Ponglet Ream w' Biscuits
Ramequins
Aiples an' sic Like
Coffee

SUPPER MENU $1.50
Consomme de Volaille
Mayonnaise de Saumon
Cold Buffet
Roast Chicken Cooked Ham
Sirloin of Beef
Salade de Americaine
Veal and Ham Patties
Curry Puff—Sausage Rolls
Sandwiches
Roquefort Cheese—Pate de Foie Gras
Extremes
Patisseries Francaise
Strawberry and Vanilla Ice Cream
Coffee

Supper will be served downstairs.

RAFFLES CAFE AND CONFECTIONERY

Speciality
WEDDING, BIRTHDAY, AND CHRISTENING CAKES.

Raffles Sausage Roll & Curry Puffs are well-known.

TRY OUR DELICIOUS PORK, CHICKEN, VEAL & HAM PIES.

PHONE 5381.

Straits Times, 3 April 1934, p. 5
Your results for: curry puff

Filter your search...

Search for:
curry puff

Filter by Date
(Number of Articles)
1700-1749 (1)
1750-1799 (49)
1800-1849 (446)
1850-1899 (2,813)
1900-1949 (479)
1950-1999 (7)

Filter by Newspaper
(Number of Articles)
London Standard (499)
Morning Post (281)
Hampshire Advertiser (240)
York Herald (172)

Order by Relevance ▲ Date ▲
Page 1 2 3 4 5 ... 318 ▶

THE PALACE OF PUFFS

"... PALACE OF PUFFS. (From the Saturday Review) one who has studied the outside can doubt that Captain Fawkes wants nothing but good taste to be second Palladio or Wren ..."

Thursday 08 May 1862, Stirling Observer, Stirlingshire, Scotland
Type: Article
Words: 822
Page: 6
Tags: None

CATALOGUE OF A CURIOUS COLLECTION IN THE STONE PALACE AT WESTMINSTER, H.K. (Cameo, Book 1), No. 15

Thursday 08 May 1862, Stirling Observer, Stirlingshire, Scotland
Type: Article
Words: 822
Page: 6
Tags: None
Digitised newspapers and more

FANCY DRESS DANCE.
The Brisbane Courier (Qld.: 1864 - 1933) Friday 8 July 1927 p 22 Article

...Curry ("Spanish Dancer"), Sally Higgins ("Good Luck"), Elsie Curry ("Powder Puff"), B. Spiller...153 words

INDIAN PUDD.
Evelyn Obserevr and Bourke East Record (Vic.: 1902 - 1917) Friday 12 September 1913
Edition: Mornirg. p 5 Article

...INDIAN PUDD. Cold meat. curry powder. milk. pasta.y. egg. sauce. For this am-remains of cold meat
may be used: binonce the meat flavoured with strongly with curry powder, and moisten with white sauce or
tomato sauce). If you have it, or if not, on, egg and, a little milk. Roll some...106 words

Books

Raymond Lee's curry puff
Lee, Raymond
[Book: 1991]

Karipap atau burger? / Sophie Othman
Sophie Othman
[Book: 2011]

The great matzah-curly puff: a cross cultural study of Jewish, Israeli, and Arab cuisine

Mixed Spice
Adam Ghat, who is in the background… is from India’s United Provinces. (He sells) Bengali roti buns and curry puffs…gluey kaya jam… molasses and duck’s eggs. .. He parks his travelling coffee-shop near Finlayson Green
How do we do food research?

2,154 results found for curry puff
Search terms defined by researcher

Search terms defined by search results
Multiple search terms in multiple resources
Baked, puff pastry, potato curried filling

Deep-fried, flour pastry, potato curried filling with egg
**THE CURRY PUFF TEST**

*Straits Times*, 14 October 2007, p. 72

Chinese fried

Indian samosa

Western puff, baked

Epok epok - Malay origins

Teochew, layered
Curry puff search tree

- Fried curry puff
- Samosa
- Epok
- Epok
- Baked curry puff
Old Chang Kee

Stroll down Kali Pup lane

*Straits Times*, 26 December 1982, p. 16
What then?